



1

CLEANSE

Dr. Spiller cleansers offers a number of gentle, yet effective cleansing products for different skin types.

A good cleanser will help prepare the skin for the other steps in the skincare protocol.



2

EXFOLIATE

Dr. Spiller exfoliators are used to help slough off dead skin cells, remove dirt and keep pores looking smaller - all for a more glowing complexion without being abrasive to the skin.

Use 2 -3 times weekly.



3

TONE

Dr. Spiller toners help soothe, nourish and hydrate the skin whilst restoring its delicate PH balance.

A good toner will remove any remaining oil, dirt and debris left behind by the cleanser.



4

BOOST

Dr. Spiller serums are used as a treatment or a booster for the skin. They contain active ingredients that target specific skin concerns and enhance the effects of your prescribed moisturiser.



5

HYDRATE

Dr. Spiller moisturisers featuring

H Y - T E C ® e m u l s i o n particularly effective at maintaining the skin's moisture balance.



6

TREAT

Dr. Spiller cream masks are an excellent way to maintain healthy skin. They are formulated to deep-cleanse, detoxify, firm and hydrate your skin. Use masks as an intensive overnight treatment or as part of your weekly skin care regime.

